

Sports Leadership (Level 3)



at RHB Sixth Form

If you enjoy sport, dance, physical activity, and working with others, this qualification gives you the chance to turn that enthusiasm into something powerful and recognised. The Level 3 Certificate in Sports Leadership is designed to help you build confidence, resilience, and leadership skills within sport and beyond. You'll not only take part in sport but also learn how to plan, develop, and deliver purposeful and inclusive activities, making a real impact on your peers, the school, and the wider community.

As you progress through the course, you will take on real leadership opportunities, supporting the PE and Sports Department with coaching, officiating, and running events both in school and externally. This nationally recognised qualification provides an excellent foundation for pathways into coaching, teaching, volunteering, and other leadership roles. It is an exciting way to combine your passion for sport with skills that will benefit you in all areas of life.

You will develop a wide range of essential skills that go far beyond sport itself. Confidence, organisation, communication, resilience, and leadership are central to the course, alongside the ability to design and deliver safe, inclusive, and enjoyable sessions in different contexts. These transferable skills are valued by universities and employers, and they provide a strong platform for careers in sport, health, and education.

The course is taught over one year in the Lower Sixth with six lessons per fortnight. You will cover units on developing leadership skills, planning and leading sport sessions, evaluating progressive activity programmes, and running a full sporting event — including at least two hours of demonstrated event leadership. You will also gain experience of leading a variety of different participant groups across a minimum of twelve hours of leadership.

Assessment is through a combination of practical observation, written tasks, planning, and evaluations, recorded in a learner evidence record provided by the Leadership Skills Foundation. To complete the course you must pass all required assessment criteria, demonstrating both practical competence and reflective evaluation.

By the end of the course you will have achieved 12 credits and 16 UCAS tariff points, giving you a nationally recognised qualification that signals your leadership ability, practical skill, and commitment to sport and physical activity. It is a course that not only celebrates your love of sport but also strengthens your portfolio for university and beyond.



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